



Summer Camp: July 12th-30th, 2010

What's It All About?

Smart-Girl is a fun, activity-based program that empowers adolescent school girls to become confident, capable, self-reliant young women. The unique strength of the Smart-Girl program is utilizing the power of positive peer influence by pairing highly trained older teens and college aged women with groups of middle and high school girls. These leaders (called Guides) are carefully selected and trained mentors who facilitate discussions and activities amidst lots of glitter, growth, and giggles. Smart-Girl empowers girls to develop leadership ability, group and social skills, problem solving and critical thinking skills, self-worth, confidence, and more. Topics such as peer pressure, bullying, refusal skills, communication, and body image will be addressed in a fun, safe and highly interactive environment. Our overall goal is to help our Smart-Girls develop emotional intelligence, learn how to make healthy life choices, and have a BLAST in the process!

Location:

The Denver Campus for Jewish Education
2450 S Wabash St
Denver, CO 80231

Camp Dates and Times:

Session 1A: Entering 6th Graders, July 12-16, 9:15am-5:15pm
Session 1B: Entering 7th Graders, July 12-16, 9:15am-5:15pm
Session 2: Entering 8th Graders, July 19-23, 9:15am-5:15pm
Session 2B: Entering 10th Graders, July 19-23, 9:15am-5:15pm
Session 3: Entering 9th Graders: July 26-30, 9:15am-5:15pm

Cost: \$280/camper

Register at <http://www.summerblastcamp.org>

What to Bring: Campers will need to bring a lunch, comfortable shoes and clothes to hang out in. Since we'll be spending the entire fabulous day together, snacks are welcome! We will take several breaks through out the day to meet everyone's needs. Please let us know if your Smart-Girl has any food allergies or might require other support.

Please contact Sameen DeBard for more details @
sdebard@smart-girl.org or 720-364-5973